



Blessed

Week 6: Blessed Are the Pure in Heart.

CCV Groups Discussion Guide

OPENING QUESTION:

What's an amusing guilty pleasure that you enjoy, and how does it reflect something about your personality?

GROUPS VIDEO GUIDE

READ:

[Jeremiah 17:9](#)

[Mathew 5:8](#)

[Ezekiel 36:26-27](#)

DISCUSS:

1. Who in your life would you describe as “pure in heart”? What are they like?
2. How do our thoughts and motives impact our spiritual health?
3. What kind of “vision” or understanding of God do you think Jesus is promising in this beatitude?
4. What distractions or temptations are most likely to pull you away from having a pure heart?

GROUP CHALLENGE:

What practical advice would you give to a neighbor who asked you, “What are some simple steps I can take to see God more clearly?”

TAKE HOME QUESTIONS:

Table Talk (a question to ask your family or friends over a meal): Where do you see God working in your life?

Water Cooler (a question to ask at work): What do you think it would be like to see God?

PRAYER: (Read this over the group)

St. John Henry Newman (1801–1890), an influential theologian and spiritual writer, wrote extensively about the journey toward God and the importance of having a pure heart to encounter Him truly. His prayer reflects the desire for purity to see God’s presence and work in the world.

Prayer of St. John Henry Newman for Purity:

O Lord,

support us all the day long,

until the shadows lengthen and the evening comes,

and the busy world is hushed,

and the fever of life is over,

and our work is done.

Then, in Your mercy,

grant us a safe lodging,

a holy rest,

and peace at the last.

Purify our hearts,

that we may dwell with You

and see You face to face.

Amen.

SCRIPTURES:

- **Psalm 24:3–4**, “Who may ascend the mountain of the Lord? Who may stand in his holy place? The one who has clean hands and a pure heart, who does not trust in an idol or swear by a false god.”
- **2 Timothy 2:22**, “Flee the evil desires of youth and pursue righteousness, faith, love and peace, along with those who call on the Lord out of a pure heart.”

- **Psalm 51:10**, “Create in me a pure heart, O God, and renew a steadfast spirit within me.”
- **Proverbs 22:11**, “One who loves a pure heart and who speaks with grace will have the king for a friend.”
- **1 Samuel 16:7**, “But the Lord said to Samuel, ‘Do not consider his appearance or his height, for I have rejected him. The Lord does not look at the things people look at. People look at the outward appearance, but the Lord looks at the heart.’”
- **Proverbs 4:23**, “Above all else, guard your heart, for everything you do flows from it.”